



## Executive Summary

**Inside the School** Online Seminar: *Cyberbullying: Awareness and Prevention Reach out and connect with current and future students.*

### **What is your role as a teacher or school administrator in keeping your students safe from cyberbullying?**

Cyberbullying is not a trend that is going to disappear any time soon. As personal computers, cell phones, and the Internet become more popular, the opportunity for teens and preteens to pick on each other via these channels increases.

It's important to understand why students cyberbully each other and know how to respond when you find about these situations going on among your students. And it's essential to know how to approach this subject with your students and help prevent cyberbullying from occurring in the first place.

**Inside the School's** upcoming online seminar *Cyberbullying: Awareness and Prevention* discusses the signs of cyberbullying and offers practical suggestions for keeping our young people safe.

It is becoming ever more widely recognized that Internet safety and cyberbullying are not specifically "technology" issues. Rather they are social / educational issues. Therefore administrators, teachers across curriculum areas, counselors and Prevention-Intervention staff, and other staff should attend *Cyberbullying: Awareness and Prevention*

#### **After participating in this seminar you will be able to:**

- Better understand the issues around online peer aggression and why students get involved in cyberbullying
- Recognize the signs of cyberbullying
- Help your students who confide in you that they are a victim of harassment
- Help prevent cyberbullying from escalating into suicide or physical harm
- Teach your students about the negative consequences of being an online bully

### **Get the facts about cyberbullying, and learn valuable cyberbullying prevention strategies!**

#### **About the Presenter: Mike Donlin**

Mike Donlin has been involved in education for over 30 years, having taught all grade levels from kindergarten through university courses. He has an undergraduate degree in Education and a graduate degree in Linguistics.

Mike has been with Seattle Public Schools since 1980, having taught in classrooms and supervised a variety of programs throughout the district. He is currently a Program Administrator with Seattle Public Schools. In that capacity, he has managed several federal and state grant programs.

Mike holds a unique position with SPS. With the vague job title of “Senior Program Consultant,” his is the only district position which is split between the Learning and Teaching and the Operations/Tech Services sides of the district. In that capacity, Mike currently manages tech grants and works in bully prevention programs, with an emphasis on Internet safety and cyberbullying.

**Presentation Date/Time:**

The 60-minute seminar is pre-recorded before the date of the event, so you can watch it at your convenience. The seminar will be available to view on-demand **March 8, 2010 through March 14, 2010**.

**How does an online seminar work?**

An **Inside the School** online seminar is delivered entirely over the Internet. No telephone connection is needed. You simply connect to a private link that will be emailed to you and access the seminar online through your computer. The seminar is presented in a special browser window that features a slide show presentation in one panel and sound and playback controls in another panel.

The seminar can be viewed on a single computer screen or be projected onto a larger one for a group setting.

**What is included in the \$199 registration price?**

All **Inside the School** seminars are priced per school, not per person. Yes, you read that correctly – your entire school can receive this great training for one flat low price! The registration price includes access to the seminar and useful handouts that you can copy and distribute to all the teachers at your school.

And not only that, but because we understand the chaotic schedules teachers often endure, we leave the seminar link up for one full week, so you can access it at your convenience. You can watch it during your preparation hours at school or even from your own home.

If you'd like to have access to the online seminar for longer than one week, CDs and transcripts of the program will be available. They are only \$99 extra with your registration or \$199 if you do not register for the event.

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